

# Northlands Surgery: Travel Assessment Form

Please ensure you have looked at online travel advice at [www.fitfortravel.com](http://www.fitfortravel.com) where possible and complete the following form.

**It is essential this form is brought with you to your appointment.**



<b>Name:</b>  <b>Address:</b>   <b>Date of birth:</b>	<b>Telephone number:</b>	
	<b>Mobile number:</b>	
	<b>Email:</b>	
	<b>Type of trip (please circle):</b> Business / Volunteer / Holiday / Backpack / Camping / Healthcare / Cruise / Visiting Friends	
	<b>Date of departure:</b>	<b>Total duration of trip:</b>

PLEASE SUPPLY INFORMATION ABOUT YOUR TRIP IN THE SECTIONS BELOW			
Country to be visited	Location or Region	City / Rural	Duration
1			
2			
3			

Medical History	Yes or No	Any details
Are you fit and well today?		
Any allergies include food/medication/latex?		
Tendency to faint after injections?		
Any history of chemotherapy, steroid treatment, transplant or spleen disorders?		
Any surgical operations in the past, including e.g. your spleen or thymus gland removed?		
Recent chemotherapy/ radiotherapy/organ transplant		
Anaemia		
Bleeding /clotting disorders (including history of DVT)		
Heart disease (e.g. angina, high blood pressure)		
Diabetes		
Disability		
Epilepsy/seizures Gastrointestinal (stomach) complaints		
Liver and or kidney problems		

Medical History	Yes or No	Any details
Immune system condition including HIV		
Mental health issues (including anxiety, depression)		
Neurological (nervous system) illness		
Respiratory (lung) disease		
Rheumatology (joint) conditions		
Spleen problems		
Any other conditions?		
<b>Women only:</b> Are you pregnant? Are you breastfeeding? Are you planning pregnancy while away?		
<b>Smoking status (please circle):</b> Never Smoked / Ex Smoker / Smoker		
Are you currently taking any medication (including prescribed, purchased or a contraceptive pill)?		
<b>Please supply information on any vaccines or malaria tablets taken in the past:</b>		
Tetanus/Polio/Diphtheria		BCG
Typhoid		Influenza
Hepatitis A		Pneumococcal
Hepatitis B		Yellow Fever
Meningitis ACWY		Cholera
MMR		Rabies
Tick Borne Encephalitis		Other
Any additional information?		
Please make yourself aware that there are many areas of risk related to travelling the world. Please ensure you are aware of insect and animal bite prevention methods, water precautions, the risk of clots in your legs and lungs when travelling, sexual health risks, medical insurance and localised risks related to your area of travel. Up to date travel and safety advice can be accessed at <a href="http://www.fitfortravel.com">www.fitfortravel.com</a> and <a href="http://www.gov.uk/foreign-travel-advice">www.gov.uk/foreign-travel-advice</a>		
<b>Patient Signature:</b> _____		
<b>Date of form completion:</b> _____		
<b>Office use only:</b> demographics checked <input type="checkbox"/>		