

HEALTH MATTERS

FRI, 26TH **JULY** 2 00-4 00 PM



Carers and Cared for please join us at Marden House for a lovely cream tea treat with other carers and their loved ones. Frankie Simpkins will be singing a variety of well-known popular songs from 2.15 pm. Please RSVP, if possible,

to <u>iscccq.northlandsunpaidcarers@nhs.net</u> or leave a message at Northlands Surgery Reception.

REPEAT PRESCRIPTION REQUESTS

We DO NOT take repeat prescription requests over the telephone. The most important reason is safety. Some telephone requests can result in misunderstandings or mistakes. We want to minimise the risk of a potential error causing a significant event.

The easiest way to order repeat prescriptions is via SystmOnline. To set up an account, please bring a form of ID to the surgery alternatively use the NHS App https:// www.nhs.uk/nhs-app/

Patients can also use the repeat slip (right hand side of green prescription) - ticking the items needed and handing this slip into the practice or posting it to the practice.

Please allow 7 days for repeat prescriptions to be processed.

PATIENTS/VISITORS MUST OBTAIN A PARKING PERMIT BY REGISTERING ON THE TOUCH SCREENS INSIDE THE PREMISES AND ENTER THEIR FULL CORRECT VEHICLE REGISTRATION

This system is being operated by Creative Car Parks, any appeals should be made directly to them as detailed on the documentation sent out by them (www.ce-service.co.uk). The surgery is NOT responsible for any tickets issued and does not make any revenue from this change.

North Street Calne Wiltshire SNII 0HH Tel: 01249 812141 www.northlands-surgery.co.uk

Covid Working:

We continue to ask patients to wear face masks to protect themselves and others when attending for appointments at the surgery. We are unable to supply these and ask that you bring your own.

Opening Times:

Visit the Surgery Monday - Friday:

8.30am - 6.00pm

Or telephone between:

8.30am - 5.30pm

Or 24/7 via Online Access to make/cancel appointments, order repeat prescriptions, access your medical record etc at a time to

Surgery Times (by appointment):

Monday - Thursday

8.30am - 12.30pm

2.00pm - 6.00pm

6.30pm - 8.00pm

Friday

8.30am -12.30pm

2.00pm - 6.00pm

Out of Hours Service: 111

Our Doctors:

Dr E Tully MB BCh BAO DFRSH MRCGP

Dr N Ware MB BS BSc DRCOG MRCGP

Dr J Dalton BM MRCGP DFRSH DCH

Dr N Abel BM BS MRCGP

Dr T Chambers BSc MBChB DRCOG MRCGP Dr P Milsom MBBS MRCGP DFFP DRCOG

Dr L Garnham MB ChB

Dr I Burton MB ChB

Dr C Isaac MB BS

Dr M Sayal BM BS

Our Nurse Practitioners:

Advanced Nurse Practitioner Anita Peake Advanced Nurse Practitioner Charlotte King Nurse Practitioner Kathy Lenehan Paramedic Practitioner: Ashley Bulpitt

Our Pharmacy Techs:

Katy Griffin Sharon Hunt

Our Care-Coordinator:

Steph Coulson

Our First Contact Physio:

Tom Hirst

Our Community Connectors:

Liz Denbury Veronica Shaw

NHS SCREENING

Screening is a way of finding out if people have a higher chance of having a health problem, so that early treatment can be offered or information given to help them make informed decisions.

What is Screening?

Screening is a way of identifying apparently healthy people who may have an increased risk of a particular condition. The NHS offers a range of screening tests to different sections of the population.

The aim is to offer screening to the people who are most likely to benefit from it. For example, some screening tests are only offered to newborn babies, while others such as breast screening and abdominal aortic aneurysm screening are only offered to older people.

What types of screening are offered by the NHS in England?

Screening in Pregnancy

The screening tests offered in pregnancy are: screening for infectious diseases (hepatitis B, HIV and syphilis) screening for Down's syndrome, Patau's syndrome and Edwards' syndrome screening for sickle cell disease and thalassaemia screening to check the physical development of the baby (known as the 20-week scan or mid pregnancy scan) diabetic eye screening if you are pregnant and have type 1 or type 2 diabetes

Screening for Newborn Babies

Newborn babies are offered: physical examination, which includes the eyes, heart, hips and testes hearing test blood spot test to check if the baby has any of 9 rare conditions

Diabetic Eye Screening

From the age of 12, all people with diabetes are offered an annual diabetic eye test to check for early signs of diabetic retinopathy.

Cervical Screening

Cervical screening is offered to all women and people with a cervix aged 25 to 64 to check the health of cells in the cervix. It is offered every 3 years for those aged 25 to 49, and every 5 years from the ages of 50 to 64.

Breast Screening

Breast screening is offered to women aged 50 to 70 to detect early signs of breast cancer. Women over 70 can self-refer.

Bowel cancer screening

Everyone aged 60 to 74 is offered a bowel cancer screening home test kit every 2 years.

If you're 75 or over, you can ask for a kit every 2 years by phoning the free bowel cancer screening helpline on 0800 707 60 60.

Abdominal aortic aneurysm (AAA) screening

AAA screening is offered to men during the screening year (1 April to 31 March) that they turn 65 to detect abdominal aortic aneurysms (a dangerous swelling in the aorta). Men over 65 can self-refer.