



HEALTH MATTERS

North Street
Calne
Wiltshire
SN11 0HH
Tel: 01249 812141
www.northlands-surgery.co.uk



...to the Lions Club Calne for a donation of £500 towards a new fridge. Pictured below is Martin Bright, President, admiring the fridge with staff members. The fridge will be a great addition to the surgery especially with the forthcoming flu season!



Opening Times:

Visit the Surgery Monday to Friday:
8.30am - 6.00pm
Or telephone between:
8.30am - 5.30pm

Surgery Times (by appointment):

Monday and Wednesday
8.30am - 12.25pm
2.30pm - 5.40pm
6.30pm - 8.00pm

Tuesday, Thursday and Friday
8.30am - 11.30am
2.30pm - 5.40pm

Out of Hours Service: I I I

Our Doctors:

- Dr R Leach MA BM BCh MRCPG DRCOG
- Dr E Tully MB BCh BAO DFRSH MRCPG
- Dr N Ware MB BS BSc DRCOG MRCPG
- Dr J Dalton BM MRCPG DFRSH DCH
- Dr N Abel BM BS MRCPG
- Dr E Simons MB ChB DFFP
- Dr C Paget MB BCh MRCPG DFRSH

Trainees:

- Dr K Bailes MBChB
- Dr T Chambers BSc MBChB DRCOG

Our Nurse Practitioners:

- Advanced Nurse Practitioner Anita Peake
- Nurse Practitioner Emily Davies



ARE YOU PROTECTED AGAINST MEASLES?

Public Health England is advising the public to ensure they have had two doses of MMR vaccine after outbreaks of measles across Europe and the UK. Measles, mumps and rubella are highly infectious conditions that can have serious and potentially fatal complications. **This advice is particularly pertinent to 16-29 years olds who may have missed the vaccination in the late 1990s following reports which falsely linked the jab to autism and which resulted in a significant drop in its uptake.**

If you have not been vaccinated or you are unsure if you received two doses, please contact Reception. We can check your paper records and book you in for the vaccination(s) if you need them.

When you have finished reading the Newsletter, please leave it in the Waiting Room for others to read. Thank you.

Our Annual Flu Vaccination Programme ~ clinics start 29th Sept

You are entitled to a free flu vaccination if you are:

- aged 65 years or over
- living in a residential or nursing home
- the main carer of an older or disabled person
- a household contact of an immunocompromised person
- a health or social care worker; or
- pregnant

Even if you feel healthy, you should have the flu vaccination if you have:

- a heart problem
- a chest complaint or breathing difficulties, including bronchitis or emphysema
- a kidney disease
- lowered immunity due to disease or treatment (such as steroid medication or cancer treatment)
- liver disease
- had a stroke or a transient ischaemic attack (TIA)
- diabetes
- a neurological condition, for example multiple sclerosis (MS) or cerebral palsy

SATURDAY FLU
CLINIC
29TH SEPT 2018

Book at
Reception or
Online



If you fall within one of the above categories please book your free flu jab via Reception or online at www.northlands-surgery.co.uk ~ don't wait until there is a flu outbreak

Our Flu Clinics start 29th September 2018

Nasal spray flu vaccine for children

In the autumn/winter of 2018/19, the vaccine will be available free on the NHS for eligible children, including:

- children aged 2 and 3 on 31st August 2018 - that is, children born between 1st September 2014 and 31st August 2016
- children aged 2 to 17 with long-term health conditions
- children in reception class and school years 1, 2, 3, 4 and 5—please note that this age group will be vaccinated at school

REMEMBER Flu is a very unpleasant illness and the vaccine helps protect the child as well as stopping them spreading flu to vulnerable friends and relatives.

Child flu vaccinations will be available from October